

# From Fruit to Root

## PART 1

*“When I am seeking to discern unbelief in the gospel, I reverse the order of those questions: 1) What am I doing or experiencing right now? 2) In light of what I am doing or experiencing, what do I believe about myself? 3) What do I believe God is doing or has done? and 4) What do I believe God is like? In other words, I trace the fruit back to the root. If the fruit is not like Jesus, that is an indicator that our faith is not in Jesus.”*

Look back at the first three weeks of this Handbook: considering as many areas of unbelief (Week 1), lesser stories (Week 2) and lies, accusations, and temptations (Week 3) you’ve identified so far. Practice the “fruit to root” process by walking through as many of those areas as possible using the following questions. Be honest: and it’s okay if you can’t fully answer every question, for every area of unbelief you try; you’ll have an opportunity to ask your close community for help.



[saturatetheworld.com](http://saturatetheworld.com)

<b>Area of Unbelief or Struggle</b> <i>Write area here</i> →			
<b>What am I doing or experiencing right now?</b>			
<b>In light of what I am doing or experiencing, what do I believe about myself?</b>			
<b>What do I believe God is doing or has done?</b>			
<b>What do I believe God is like?</b>			