

Sharing Your Story

“Three Pillars”

Reflect on three key events in your life, which have shaped, influenced, and directed the other elements of your life. Using the images on pages 8-9, write about the event, the situations, or people surrounding it, etc, and why/how it shaped the other elements of your life. At this point, the only stipulation is that you be honest—even let yourself be stretched in vulnerability!



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