

# 10 QUESTIONS TO HELP YOU LISTEN TO OTHERS

*Missional work starts and ends with relationship. Conversations create the backbone of healthy relationships. However, we've found, many people struggle to have meaningful conversations and take the posture of a curious listener with the other person (and not ourselves) at the center.*

*We've found these questions to be a helpful place to start, and encourage disciples to engage at least one conversation a week with questions like these.*

1. What was good about your week? Why? How did it make you feel?
2. What are you thankful for from this past week?
3. What has brought you the most excitement lately? Why?
4. What was difficult about your week? Why? How did it make you feel?
5. What are you learning these days?
6. What has made you feel worried or frustrated this week? Why? How did you deal with it?
7. What has made you feel sad this week? Why? How did you deal with it?
8. What was growing up like for you?
9. What advice would you give me? I'm struggling with \_\_\_\_\_ .
10. \_\_\_\_\_ .

What would you add? You could probably make this list 20 items long as you think about specific people in your life.

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